



GW Dance Marathon

benefiting



Children's National™

Dancer Cheat Sheet

2016-2017

Everything you need to know before walking
into the event on Feb. 25th!



Quick Tips

Here's your GWDM 2017 Guide to get ready for the best day of the year!



Where?

Lerner Health and Wellness (HelWell), 4th Floor

When?

Saturday, February 25th | 12:00pm (noon) - 12:00am (midnight)

Why?

We are here to try and raise funds and awareness for Children's National here in Washington, DC and all Children's Miracle Network Hospitals. This year we are raising \$150,000 - \$10 for every patient treated last year.

Curious what goes on for 12 hours?



Dance

As we say at GWDM, bad dancing saves lives!



Music

Hear all the best hits, guest DJ's, and middle school throwbacks.



Food

You get TWO meals, and based on YOUR fundraising, you can get even more!



SPG

Student Performances from the Vibes, Pitches, Balance, and more!



Jail

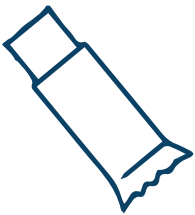
Some friendly competition - you might even get to put your friends in jail?!

...and so much more!

Do's & Don'ts of GWDM

Follow these guidelines to have a fun, safe,
and successful day #ForTheKids

Do's:



Snacks

Pack some light snacks! We will be selling some concessions and the first meal will be served at 3:00PM.



Shoes

Wear those dancing shoes. AKA tennis shoes/sneakers. Not the day to rock the heels.



Phone

Bring your fully charged phone and a portable charger! You'll need it to make friends jealous of all the fun you're having and to call in some donations!



Water

Bring a water bottle because you'll for sure work up a sweat between dancing and the wing eating.



Basics

Rock a fanny pack to carry the basics:
Deodorant
Chapstick
Kleenex
Advil
Cash

Don'ts:



Dress Up

Wear uncomfortable clothes, if you can't be up and moving in it, ditch it!



Valuables

Bring any valuables. You definitely won't need them and the last thing you want is it getting lost or damaged.



Homework

Plan on doing homework (boo) DM is 12 hours of fun, so leave the econ reading for Sunday!



Fundraising Tips

Everything you need to know to come to the event, and make the most miracles day-of!

Haven't hit your \$75 yet?

Don't fret!

It's not too late, follow this simple roadmap to help make you a HERO and come to the event!

Find more fundraising tips:
gwdancemarathon.com/resources



Get ready to make some miracles day of!

Come up with a list of people that you can call to ask for help fundraising on the day of the marathon.

Think of your parents, grandparents, aunts, uncles, friends, boyfriend, girlfriend, etc. that would be easy to contact on the day to give you a donation!

Try to out to these people ahead of time to ask them if they would be willing to donate to your fundraising page on the day of the event. It will help when you call and they already know what to do!

There are a few key fundraising moments throughout the day that you need to ask some people for donations, so make sure you think about who you will ask ahead of time!

Still Have Questions?

Come to the dancer meeting and ask!

Tuesday, February 14th
5:00PM-6:00PM | GWDM Office (Marvin 4th Floor: 421)

If you can't make it to the session, and still have questions, email me at dance@gwdancemarathon.com

Always For The Kids,
Priya Desai, Director of Dancer Relations

See you next Saturday!

We couldn't do what we do without you!

Finally, from all of us on the GWDM Team, we want to just take a second to say thank you to all of you who have done so much to help make this event possible so far. So many of you went above and beyond the minimum goal, and we are so thankful for that! Keep up the great work and continue to push forward with your fundraising. We are SO EXCITED for February 25 (have been counting down the days) and we can not wait to see what the day of the event brings us! Thank you so much again!!

Always For The Kids,
Tom Magnan, Executive Director



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